

ORGANIC AND SUPERFOODS
DRINKS

COCONUT WATER	Price	Quantity
Coconut Water Invo cold pressed 300ml	€5.00	

OTHER DRINKS	Price	Quantity
Butibalausi Red Wine	€15.20	
Butibalausi White Wine	€11.50	
Eco Binigrao Red Wine	€18.90	
Fizzy Apple & Grape 275ml Glass	€2.80	
Fizzy Apple 275ml Glass	€2.80	
Forastera Beer - Barvaria Munich Helles 330ml	€3.80	
Forastera Beer - Ocre Dark Lager 330ml	€3.80	
Forastera Beer - Polar Pale Ale 330ml	€3.80	
Kombucha Bio - Fruits of Forest 330ml	€3.80	
Kombucha Bio - Ginger 330ml	€3.80	
Kombucha Bio - Green Tea 330ml	€3.80	
Kombucha Bio - Rooibos 330ml	€3.80	
Kombucha Bio - Yerbe Mate 330ml	€3.80	
Lemonade 1L Glass	€4.50	
Lemonade 200ml Glass	€1.40	
Matcha Tea Presentation Equipment	€46.60	
Samurai Blend Matcha Tea Powder 30g	€20.10	
Samurai Blend Matcha Tea Powder 80g	€46.60	
Whole Earth Sparkling Drink - Apple 330ml	€5.00	
Whole Earth Sparkling Drink - Cola 330ml	€5.00	
Whole Earth Sparkling Drink - Cranberry 330ml	€5.00	
Whole Earth Sparkling Drink - Elderflower 330ml	€5.00	
Whole Earth Sparkling Drink - Ginger 330ml	€5.00	
Whole Earth Sparkling Drink - Lemonade 330ml	€5.00	

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Whole Earth Sparkling Drink - Orange 330ml	€5.00	
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ORGANIC

BARS AND BISCUITS	Price	Quantity
Chocolate Biscuits 300g	€4.50	
Roobar Cacao Nibs x 20	€34.40	
Roobar Chia and Coconut x 20	€34.40	
Roobar Maca and Cranberry x 20	€34.40	
Roobar Mulberry and Vanilla x20	€34.40	
Three Cereals Biscuits No Egg 300g	€4.50	

BARS AND BSCUITS	Price	Quantity
Get Raw Chocolate & Walnut Bar 42g	€4.40	
Get Raw Licorice Bar 42g	€4.40	
Get Raw Raspberry & Goji Bar 42g	€4.40	
Get Raw Toffee & Hazelnut Bar 42g	€4.40	

BREADS AND PASTRIES	Price	Quantity
Rye Bread 500g	€3.30	
Sunflower Seed Bread 500g	€3.30	
Three Cereals Bread 500g	€3.30	

BREAKFAST CEREALS	Price	Quantity
Bio Cornflakes 200g	€2.70	
Bio Crunchy	€4.00	
Fruit Muesli 375g	€4.90	
Muesli Natural 375g	€3.60	
Oat Bran 500g	€3.60	

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Oats 500g	€2.60	
Quinoa Balls 125g	€4.30	
Quinoa Flakes 375g	€11.70	
Swollen Millet for Breakfast 100g	€2.30	
Swollen Quinoa for Breakfast 125g	€5.30	
Swollen Spelt for Breakfast 100g	€2.20	

CEREALS AND BEANS	Price	Quantity
Azuki 500g	€4.20	
Buckwheat 500g	€3.30	
Chickpeas Cooked 220g	€2.30	
Green Soy (Mungo) Beans 500g	€4.50	
Lentils Cooked 220g	€2.90	
Millet 500g	€3.10	
Organic Buckwheat 1kg	€3.00	
Organic Fairtrade Quinoa 1kg	€18.50	
Quinoa 500g	€9.90	
Red Lentils 500g	€4.60	
Wholegrain Cus Cus 500g	€3.50	

COCONUT OIL	Price	Quantity
White Label Coconut Oil 240g	€8.90	

COCONUT PRODUCTS	Price	Quantity
Coconut Chips Toasted with Caramel 70g	€2.90	
Coconut Chips Toasted with Chilli 70g	€2.90	
Coconut Chips Toasted with Salt 70g	€2.90	
Coconut Oil 300g	€8.90	
Coconut Palm Sugar 250g	€7.60	

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Coconut Palm Sugar 500g	€11.40	
Dessicated Coconut 400g	€5.60	
Natural Coconut Chips 200g	€4.10	

CONDIMENTS	Price	Quantity
Apple Vinegar No Filtration 750ml	€5.50	
Balsamic Modena Vinegar 250ml	€10.00	
Dijon Mustard 200g	€4.10	
Peeled Plum Tomatoes 420g	€2.80	
Tomato Ketchup 325g	€3.90	
Tomato Puree 400g	€2.90	

CRACKERS	Price	Quantity
Grissini Sticks with Rice No Gluten 100g	€3.70	
Grissini Sticks with Spelt and Olive Oil 125g	€2.70	
Mini Spelt Crackers 250g	€4.20	
Rice & Quinoa Cakes 100g	€2.10	

FLOURS	Price	Quantity
Almond Flour 250g	€7.60	
Bauckhof Organic Chickpea Flour 350g	€5.10	
Bauckhof Potato Flour 250g	€3.20	
Dr Goerg Coco Flour No Gluten 1 Kg	€16.60	
Organic Brown Rice Flour 500g	€3.10	
Rice Flour Wholegrain 375g	€4.10	

FRUIT JUICES	Price	Quantity
Tomato Juice 500ml Glass	€2.40	

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GALLEY EQUIPMENT	Price	Quantity
Counter Top Spiralizer	€32.80	
Hand Held Spiralizer	€26.50	
Nut Milk Bag	€12.60	
Sprouter	€34.00	
Vitamix- White, Red or Black	€913.50	

HEALTHY MUSHROOMS	Price	Quantity
Mushroom Coffee Mix Cordyceps x 10 servings	€25.20	
Mushroom Coffee Mix Lionsmane x 10 servings	€25.20	
Mushroom Hot Cacao with Cordyceps x 10 servings	€45.40	
Mushroom Hot Cacao with Reishi x 10 servings	€45.40	
Mushroom Tea Chaga x 20 servings	€45.40	
Mushroom Tea Cordyceps x 20 servings	€45.40	
Mushroom Tea Lionsmane x 20 servings	€45.40	
Mushroom Tea Reishi x 20 servings	€45.40	
Mushroom Tea Shitake x 20 servings	€45.40	

ICE CREAM	Price	Quantity
Lily & Hanna´s raw ice cream - Chocolate 110ml	€5.00	
Lily & Hanna´s raw ice cream - Creme Caramel 110ml	€5.00	
Lily & Hanna´s raw ice cream - Fudge Truffle 110ml	€5.00	
Lily & Hanna´s raw ice cream - Salted Mocha Caramel 110ml	€5.00	
Lily & Hanna´s raw ice cream - Strawberry 110ml	€5.00	

INGREDIENTS FOR COOKING	Price	Quantity
Cacao Butter 150g	€10.10	
Cacao Nibs 150g	€10.10	
Cacao Nibs 300g	€15.20	

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Cacao Powder 300g	€15.20	
Cocoa Yacon & Sweet Nibs 120g	€10.10	
Coconut Pulp Frozen 250g	€12.20	

JAMS AND PRESERVES	Price	Quantity
Zwergewiese Blackberry & Apple Jam 225g	€4.50	
Zwergewiese Forest Fruits Jam 225g	€4.60	
Zwergewiese Redcurrant & Fig Jam 225g	€4.50	

JUICES	Price	Quantity
Apple Juice 1L Glass	€4.00	
Apple Juice 200ml Glass	€1.40	
Orange Juice 1L Glass	€4.70	
Orange Juice 200ml Glass	€1.70	

MILK	Price	Quantity
Kamut Milk with Cacao 1L	€3.90	
Oat Milk with Coconut 1L	€3.50	
Organic Oat Milk with Calcium 1L	€3.10	
Rice Milk with no Added Sugar 1L	€3.40	
Spelt Milk Probiotic 1L	€3.90	

NUT SUBSTITUTE BUTTERS	Price	Quantity
Almond Butter 330g	€8.90	
Hazelnut Butter 330g	€10.00	
Walnut Butter 330g	€9.20	

NUTS & SEEDS	Price	Quantity
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Linseeds Golden 250g	€2.40	
Mixed Seeds - Sunflower, Millet, Sesame, Linseed 250g	€2.90	
Poppy Seeds 150g	€3.40	

NUTS AND SEEDS	Price	Quantity
Chia seeds 250g	€7.70	
Organic raw sunflower seeds 250g	€2.50	
Pumpkin seeds 250g	€6.00	
Sesame seeds 250g	€2.90	

OILS	Price	Quantity
Sesame Oil 500ml	€10.70	
Stone Press Extra Virgin Olive Oil 750ml	€13.30	

OLIVES	Price	Quantity
Arbequina Olives 200g	€2.80	
Black Olives 200g	€2.90	
Manzanilla Olives 200g	€2.90	

PASTA, RICE & NOODLES	Price	Quantity
Angel Hair Pasta 500g	€2.80	
Arborio Rice 500g	€4.80	
Basmati Organic White Rice 500g	€4.70	
Basmati Organic Wholegrain Rice 500g	€4.70	
Carnaroli Rice 500g	€5.20	
Corn, Rice & Quinoa Spirals No Gluten 250g	€4.10	
Linguine 500g	€2.50	
Long Grain Rice Wholegrain 500g	€3.70	

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Macaroni Wholegrain 500g	€2.70	
Porto Muinos Noodles with Sea Lettuce 200g	€6.30	
Porto Muinos Nori Noodles 200g	€6.30	
Porto Muinos Wakame Noodles 200g	€6.30	
Red Rice 500g	€6.00	
Short Grain Rice White 500g	€4.10	
Short Grain Rice Wholegrain 500g	€3.60	
Spaghetti White 500g	€2.70	
Spelt Spaghetti White 500g	€5.50	
Spelt Spaghetti Wholegrain 500g	€4.80	
Tricolor Spirelli Wheat Pasta 500g	€3.60	
Wild Rice 250g	€11.20	

SEAWEED	Price	Quantity
Porto Muinos Agar Agar 20g	€3.00	
Porto Muinos Irish Moss 25g	€3.00	
Porto Muinos Kombu 25g	€3.00	
Porto Muinos Nori Flakes 100g	€12.50	
Porto Muinos Sea Lettuce 25g	€3.00	
Porto Muinos Sea Spaghetti 100g	€10.00	

SNACKS	Price	Quantity
Kale Chips - Baobab & Onion 30g	€5.00	
Kale Chips - Beetroot & Acerola 30g	€5.00	
Kale Chips - Cacao & Cinnamon 30g	€5.00	
Kale Chips - Inca BBQ 30g	€5.00	
Kale Chips - Purple Corn 30g	€5.00	
Kale Chips - Wasabi Wheatgrass 30g	€5.00	
Yuca Chips Organic & Fairtrade 50g	€2.70	

ORGANIC AND SUPERFOODS

STOCKS	Price	Quantity
Chicken Stock 1L	€5.30	
Vegetable Stock 1L	€5.30	

SUGAR & SWEETENERS & SALT	Price	Quantity
Golden Light Non Refined Sugar 500g	€3.60	
Himalayan Salt 500g	€6.30	

SUGAR, SWEETENERS & SALT	Price	Quantity
Agave Syrup 350g	€5.80	

SUPERFOOD PRODUCTS	Price	Quantity
Yacon Syrup 185ml	€17.70	

ZIVA HOMEMADE	Price	Quantity
Almond Cheese with Probiotics 1kg	€40.30	
Banana Chips Slightly Salted Organic & Fairtrade 90g	€67.80	
Banoffee - almonds, coconut, banana, dates x 10 portions	€75.60	
Chocolate & Orange Cake - cashews, almonds, cacao, orange, d	€75.60	
Cold Pressed Juices 72 Hours Shelf Life 1.5L	€18.90	
Granola Chocolate 1kg 5 days pre order	€50.40	
Granola Cinnamon 1kg 5 days pre order	€50.40	
Granola Coconut 1kg 5 days pre order	€50.40	
Maca Truffles - cashews, cocoa, vanilla, maca, agave x 10 po	€56.80	
Nutritional Yeast 100g	€7.60	
Peanut Temptation - oats, peanuts, dates, cacao, orange, dat	€63.00	
Strawberry Cheesecake - cashews, strawberries, dates, almond	€75.60	
Super Square Balls - tahini, agave, carob, coconut flakes x	€56.80	

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ZIVA Almond Milk 1.5L (Shelf life in fridge : 48 hrs, 72 hrs)	€17.70	
ZIVA Crackers Rosemary 375g	€31.50	
ZIVA Crackers Thyme 375g	€31.50	
ZIVA Crackers Tomato 375g	€31.50	
ZIVA Energy Bars Cacao Nib & Raisin x 24	€90.60	
ZIVA Energy Bars Coconut & Goji x 24	€90.60	
ZIVA Energy Bars Walnut & Apricot x 24	€90.60	
ZIVA Rooibar Energy Bars Coconut & Chia x 24	€88.70	

ZIVA SUPERFOODS

SUPERFOOD POWDERS FOR SMOOTHIES	Price	Quantity
Acai Powder 100g	€31.50	
Baobab Powder 150g	€18.90	
Camu Camu Powder 100g	€26.50	
Chlorella Powder 100g	€30.30	
Guarana Powder 100g	€18.90	
Hemp Powder 200g	€15.20	
Hemp Powder 400g	€25.20	
Maca Powder 150g	€13.90	
MSM Powder 300g	€27.70	
Reishi Mushroom Powder 150g	€27.70	
Spirulina Powder 100g	€22.70	
Wheatgrass Powder 100g	€23.90	

SUPERFOOD PRODUCTS	Price	Quantity
Aloe Vera 500ml	€12.60	
Antioxidant Extreme 360 capsules	€40.30	
B12-ND 59ml	€46.60	
Chia Seeds 200g	€13.90	

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Chlorella Manna 300g	€75.60	
Digestion Enhancement Enzymes 120 capsules	€47.90	
Friendly Force Powder 80g	€50.40	
Goji Berries 150g	€13.90	
Hemp Oil 500ml	€23.90	
Hemp Seeds 300g	€15.20	
Immune Shield 236.5ml	€56.70	
Inca Berries 200g	€13.90	
Intestinal Movement Formula 120 capsules	€45.40	
Liquid Light 946ml	€49.20	
Liver Rescue 120 capsules	€41.60	
MSM Capsules 203g	€27.70	
Nopal Blood Sugar	€40.30	
Spirulina Manna 453g	€81.90	
Spirulina Tablets 90g	€22.20	
Sunwarrior Plus Chocolate Protein Powder 1kg	€73.10	
Sunwarrior Plus Natural Protein Powder 1kg	€73.10	
Sunwarrior Plus Vanilla Protein Powder 1kg	€73.10	
Thieves Toothpaste 114g	€32.80	
Vitamineral Earth 500g	€104.60	
Vitamineral Green 400 capsules	€104.60	
Zeoforce 400g	€61.70	

ZIVA SUPERFOODS	Price	Quantity
Hemp Seeds 150g	€8.80	